

ROBINSON DE JESÚS-ROMERO

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EDUCATION

- 2019 – present** **Ph.D. Candidate, Clinical Science**
Indiana University – Bloomington
Indiana, United States of America
Minor: Research in Individual Differences and Translational Sciences
- 2018 – 2019** **M.S., Research in Behavior and Cognition**
University of Barcelona
Barcelona, Spain
Thesis: Self-reflectiveness Moderates the Association Between Depressive Symptoms and Psychological Distress in Psychosis.
- 2013 – 2018** **B.A., Psychology**
(Overall GPA – 3.89; Major GPA – 4.00; Dean’s Honors List)
University of Puerto Rico, Río Piedras Campus
San Juan, Puerto Rico

FELLOWSHIP/RESEARCH FUNDING

- 2023-2024** **Indiana University President’s diversity Dissertation fellowship (\$25,500)**
One year of graduate funding covering tuition, stipend, and health insurance for students who have demonstrated academic achievement and show promise of completing the Ph.D. dissertation with future achievement as scholars, teachers, researchers, or professionals.
- 2020 – 2022** **NIMH Ruth L. Kirschstein National Research Service Award Predoctoral T32 Fellowship (\$54,250)**
Two years of graduate funding covering tuition, stipend, and health insurance.
- 2019 – present** **Departmental Summer Fellowship (\$26,000)**
Five-year graduate summer fellowship covering tuition, stipend, and health insurance.
- 2015 – 2017** **Biopsychological Research Program Fellowship**
Two-year undergraduate research fellowship covering, stipend and conference travels.

PEER-REVIEWED PUBLICATIONS

1. Lorenzo-Luaces, L., Howard, J., **De Jesús-Romero, R.**, Peipert, A., Buss, J., Lind, C., Botts, K., & Starvaggi, I. (in press). Acceptability and outcomes of a transdiagnostic guided self-help

bibliotherapy for internalizing disorder symptoms in adults: A fully remote nationwide open trial. *Cognitive Therapy and Research*

2. **De Jesús-Romero, R., Wasil, A., & Lorenzo-Luaces, L. (2022).** Willingness to Use Internet-Based Versus Bibliotherapy Interventions in a Representative US Sample: Cross-sectional Survey Study. *JMIR Formative Research*, 6(8), e39508. <https://doi.org/10.2196/39508>
3. Lorenzo-Luaces, L., Peipert, A., **De Jesús-Romero, R.**, Rutter, L. A., & Rodriguez-Quintana, N. (2021). Personalized Medicine and Cognitive Behavioral Therapies for Depression: Small Effects, Big Problems, and Bigger Data. In *International Journal of Cognitive Therapy* (Vol. 14, Issue 1, pp. 59–85). Springer Science and Business Media Deutschland GmbH. <https://doi.org/10.1007/s41811-020-00094-3>
4. Howard, J., **De Jesús-Romero, R.**, Peipert, A., Riley, T., Rutter, L. A., & Lorenzo-Luaces, L. (2021). The significance of anxiety symptoms in predicting psychosocial functioning across borderline personality traits. *PLoS ONE*, 16(1 January 2021). <https://doi.org/10.1371/journal.pone.0245099>
5. Rutter, L. A., Thompson, H. M., Howard, J., Riley, T. N., **De Jesús-Romero, R.**, & Lorenzo-Luaces, L. (2021). Social media use, physical activity, and internalizing symptoms in adolescence: Cross-sectional analysis. *JMIR Mental Health*, 8(9). <https://doi.org/10.2196/26134>
6. García-Mieres, H., **De Jesús-Romero, R.**, Ochoa, S., & Feixas, G. (2020). Beyond the cognitive insight paradox: Self-reflectivity moderates the relationship between depressive symptoms and general psychological distress in psychosis. *Schizophrenia Research*. <https://doi.org/https://doi.org/10.1016/j.schres.2020.05.027>

MANUSCRIPTS UNDER REVIEW

1. **De Jesús-Romero, R.**, Holder-Dixon, A., & Lorenzo-Luaces, L. (in press). Reporting of race and ethnicity in clinical trials of internet-based CBT for depression.

BOOK CHAPTER

1. Lorenzo-Luaces, L., De Jesús-Romero, R., & Peipert, A. (in press). Self-reported assessments of depression. *APA Handbook of Depression*.

MANUSCRIPTS IN PREPARATION

2. **De Jesús-Romero, R.**, Howard, J., Peipert, A., Buss, J., Lind, C., Botts, K., Starvaggi, I., & Lorenzo-Luaces, L. (manuscript in prep). Emotion regulation as a mechanism of change for transdiagnostic low-intensity cognitive behavioral therapy for internalizing distress: Disaggregating within vs. between individual variability.
3. **De Jesús-Romero, R.**, Buijnicks, S., van Bentum, J., Lemmens, L., Renner, F., Ezawa, I., Huibers, M., Strunk, D., Green, D., & Lorenzo-Luaces, L. (manuscript in prep). Efficacy of cognitive reappraisal in regulating responses to identity-based stress in LGB individuals. doi <https://doi.org/10.17605/osf.io/pjkgh>
- 4.

RESEARCH EXPERIENCE

2019-present

Study of Affective Disorders and Classification and Treatment lab

Indiana University, Bloomington, IN, USA

Project Tiles: Depression severity and duration as predictors of symptom outcomes: A replication and recursive partitioning analysis; Cognitive reappraisal in LGB individuals; Reporting and Representation of race/ethnicity in randomized trials of internet-based CBT

Skills: Machine learning analysis in R Studio and systematic reviews. Manuscript writing for academic journals. Designing experimental tasks. Overseeing an international multi-site study. Mentoring undergraduate students.

2018

Neuroimmunology Laboratory

The University of Chicago. Chicago, IL, USA

Project Title: Effects of maternal immune activation on social behavior.

Role: Research assistant at Dr. Brian Prendergast Neuroimmunology Laboratory

Skills: Scoring mouse behaviors on Noldus Ethovision.

2017

Leadership Alliance – Summer Research Early Identification Program, & Blueprint Program for Enhancing Neuroscience Diversity through Undergraduate Research Education Experiences

Vanderbilt University. Nashville, TN, USA.

Project Title: Testing white matter microstructure as a predictor of conversion from conduct disorder into antisocial personality disorder.

Role: Research Assistant at Dr. David Zald's Affective Neuroscience Laboratory.

Skills. Quality checked neuroimaging data. SPSS Data analysis. Developing research ideas and manuscript writing. Explaining my research to a non-expert audience.

2016

Summer Research Opportunities Program

Northwestern University. Evanston, IL, USA.

Project Title: Mood Induction and Targeted Memory Reactivation

Role: Research assistant at Dr. Ken Paller's Cognitive Neuroscience laboratory.

Skills: Neuroscan and Bio-Semi EEG. Presenting at conventions. Designing and conducting experimental tasks.

2015 – 2017

Honors Program Thesis

University of Puerto Rico, Rio Piedras Campus. San Juan, PR.

Project title: The effect of worry and emotion regulation strategies on working memory

Role: Researcher

Skills: Adapting an emotional 2-back task on E-Prime. Collecting data and running participants on E-Prime. Designing and conducting experimental tasks.

2015 – 2017

Biopsychosocial Research Training Program

University of Puerto Rico, Rio Piedras Campus. San Juan, PR.

Project Title: Meta-worry is predicted by distinct cognitive factors in male and female adolescents; Cognitive control and attention as predictors of mindful attention awareness in adolescents; Cognitive flexibility and rumination predict the presence of meta-worry.

Role: Research Assistant at Dr. Giovanni Tirado-Santiago's Cognitive and Affective Neuroscience Laboratory

Skills: SPSS (data analysis, data managing). Training new undergraduate research assistants on basic SPSS use. Administering questionnaires, recruiting participants by phone, email, or in-person, and administering computerized tests.

CLINICAL EXPERIENCE

2023- present

Riley Pediatric Psychology Testing Clinic

Indiana University-School of Medicine

Supervisors: William G. Kronenberger

Description: I received comprehensive training in psychological assessment, which encompassed practice, observation, and administration of various psychological tests. This experience was further enhanced by receiving both group and individual supervision, along with in-depth didactics.

Skills: Cognitive, learning, memory and academic assessments.

Tests: WAIS-IV/WISC-V, K.Bit, Woodcock-Johnson Achievement, Beery VMI, WRAML-3, TOWRE, CTONI

2022- present

PACER trial (Patient-centered treatment for Anxiety after Chest pain in the Emergency Room)

Indiana University-School of Medicine

Supervisors: Lorenzo Lorenzo-Luaces

Description: I was provided with training on CBT for anxiety and Motivational Interviewing in a high-risk diverse population. The practicum also provided experience in fidelity monitoring, and multidisciplinary feedback and care.

Skills: CBT for anxiety, Motivational Interviewing, problem solving; fidelity monitoring, multidisciplinary feedback, and care; completion of study related training and paperwork

2020- present

Self-help Brief Interventions

Indiana University – Bloomington

Supervisors: Lorenzo Lorenzo-Luaces

Description: I was provided with training on brief intervention via tele-health based on Acceptance Commitment Therapy for people undergoing stress, as part of a clinical trial for common mental disorders.

Skills: Acceptance, cognitive defusion; present awareness, values and committed action.

2023

Substance Use Intervention Services

Indiana University – Bloomington

Supervisors: Spencer Dawson; Meaghan Barnhart

Description: I received training in motivational interviewing by a MINT trainer. I was also trained on how to use harm reduction with clients presenting problematic alcohol use.

Skills: Motivational interviewing, harm reduction.

2020- 2022**Indiana University Cognitive Behavioral Therapy Clinic**

Indiana University – Bloomington

Supervisors: Lorenzo Lorenzo-Luaces, Lauren Rutter, Spencer DawsonDescription: I was provided with training on the different CBT protocols (e.g., Mind over Mood, GAD Protocol, Unified Protocol). I attended weekly supervision and didactics and bi-weekly peer supervision. Clinical populations I worked with included individuals with obsessive-compulsive disorder, major depressive disorder, generalized anxiety disorder, and social anxiety disorder.Skills: MINI for DSM-V, CCSR, behavioral exposures, behavioral experiments, activity/mood tracking, mindful meditation, testing cognitive distortions and core beliefs, motivational interviewing.**2020- 2022****Riley Child and Adolescent Psychiatry Tics Anxiety and Compulsions (TAC) Clinic**

Pediatric Care Center – IUPUI

Supervisors: Anne LaggesDescription: I was provided with training on Exposure-based CBT for different disorders including Generalized Anxiety Disorder, Major Depressive Disorder, Specific Phobia, and Social Anxiety Disorder. I was also trained to conduct Comprehensive Behavioral Intervention (CBIT) for Tourette Syndrome and Exposure and Response Prevention (ERP) for Obsessive-Compulsive Disorder. The evidence-based practice provided in this clinic was modular in nature and individualized to each patient rather than following a single manual for each patient. This experience also included weekly interprofessional meeting to discuss cases.Skills Behavioral exposures, inhibitory learning, function-based intervention, habit reversal training, psychoeducation for children/adolescents (10-17 yo) and families, parent-behavioral training, cognitive restructuring.

SERVICE

2023- present**Clinical Science Student Representative**

Indiana University – Bloomington

2022- 2023**Tenure-track Faculty Job Search Committee**

Indiana University – Bloomington

2020 – 2022.**Latino Graduate Student Association**

Indiana University–Bloomington

2022 – 2023**Next Gen Scholars**

Indiana University – Bloomington

2022 – 2023**Getting U to IU**

Indiana University – Bloomington

TEACHING EXPERIENCE

- 2022- 2023** **Assistant Instructor**
Indiana University – Bloomington
Course: Abnormal Psychology
- 2023** **Guest Lecturer**
Indiana University – Bloomington
Topic: Emotion Regulation
- 2022** **Guest Lecturer**
Indiana University – Bloomington
Topic: Mood disorders, CBT
- 2021** **Guest Lecturer**
Indiana University – Bloomington
Topic: Obsessive Compulsive Disorder
- 2021** **Guest Lecturer**
Indiana University – Bloomington
Course: Mood disorders, CBT
- 2019- 2020** **Assistant Instructor**
Indiana University – Bloomington
Course: Abnormal Psychology

HONORS AND AWARDS

- 2022 ABCT's 2022 Convention Student Scholarship Award (\$230)
- 2018 Jaime and Teresa Cordero Scholarship (\$1,000)
- 2018 University of Puerto Rico Undergraduate Relief Program
Scholarship (\$2,000)
- 2017 National and International Academic Presentation Recognition
Certificate
- 2017 Fondo Dotal Scholarship (\$1,550)
- 2017 United States Department of State's Benjamin A. Gilman International
Scholarship (\$3,000)
- 2017 The Harvey Foundation Scholarship (\$1,500)

STUDY ABROAD

- 2018** **University of Puerto Rico Undergraduate Relief Program**
The University of Chicago. Chicago, Illinois, United States of America
Spring Quarter
- 2017** **Bilateral Agreement Student Exchange Program**
Universidad de Granada. Andalucía, Spain
Fall Semester

ACADEMIC AND PROFESSIONAL POSITIONS

- 2022– 2023.** **Assistant Instructor**
Department of Psychological and Brain Sciences
Indiana University–Bloomington
- 2022– 2023** **Job Search Committee Clinical Student Representative**
Department of Psychological and Brain Sciences
Indiana University–Bloomington

- 2021 – 2022** **Social Media Coordinator**
Latino Graduate and Professional Student Union
Indiana University–Bloomington
- 2020 – 2021** **Secretary**
Latino Graduate Student Association
Indiana University–Bloomington
- 2019 – 2020** **Assistant Instructor**
Department of Psychological and Brain Sciences
Indiana University–Bloomington
- 2018 – 2019** **Research Assistant**
University of Barcelona
Barcelona, Spain
- 2015 – 2018** **Research Assistant**
Institute for Psychological Research; P.I. Giovanni Tirado Santiago, Ph.D.
University of Puerto Rico, Río Piedras Campus
- 2016 – 2017** **Vice-President**
Honors Studies Program Student Association
University of Puerto Rico, Río Piedras Campus

SKILLS

- R Studio (Analysis of variance, Regression Analysis, Meta-Analysis, Single-case analysis)
- Rcmdr
- SPSS and Syntax
- Jamovi
- Quality checking neuroimaging data.
- Data extraction, basic task design, and administering tasks on E-PRIME
- Mendeley
- Endnote

INVITED PRESENTATION

De Jesús-Romero, R., Bruiniks, S., van Bentum., J; Lemmens, L., Renner, F., Iony Ezawa, I., Huibers., M., Strunk, D., Green, D., Lorenzo-Luaces, L. (2023). Reappraising discrimination: Efficacy of cognitive reappraisal in LGB individuals. Oral presentation at the 2023 Association for Psychological Science Annual Convention. Washington, D.C.

POSTERS & PAPER PRESENTATIONS

- De Jesús-Romero, R.**, et al. (2022). Are self-help trials diverse enough? Reporting of racial and ethnic categories in clinical trials of internet-based self-help treatments for depression. Poster presentation at the Association for Behavioral and Cognitive Therapies. NYC, NY, USA.
- Peipert, A., **De Jesús-Romero, R.**, et al. (2022). Systematic meta-synthesis of qualitative studies on consumer and provider perspectives of iCBT for anxiety and depression. Poster presentation at the Association for Behavioral and Cognitive Therapies. NYC, NY, USA.
- De Jesús-Romero, R.**, Bruiniks, S., van Bentum., J; Lemmens, L., Renner, F., Iony Ezawa, I., Huibers., M., Strunk, D., Green, D., Lorenzo-Luaces, L. (2022). *Reappraising*

- discrimination: Efficacy of cognitive reappraisal in LGB individuals.* Oral presentation at the 17th European Congress of Psychology. Ljubljana, Slovenia.
- Starvaggi, I.R., **De Jesús-Romero, R.**, Howard, J.M., Peipert, A., Buss, J.F., Lind, C., Botts, K., & Lorenzo-Luaces, L. (July, 2022). *Emotion Regulation as a Mechanism of Improvement in Third Wave Guided Self-Help Cognitive Behavioral Therapy.* Paper presented at the Annual Meeting of the Society for Psychotherapy Research. Denver, CO, USA.
- Buss, J.F., Peipert, A., Howard, J.M., **De Jesús-Romero, R.**, Lind, C., Botts, K., Starvaggi, I.R. & Lorenzo-Luaces, L. (July, 2022). *Internalizing Symptoms, Well-Being, and Emotion Regulation over a Course of a Guided Self-Help Third-Wave CBT.* Paper presented at the Annual Meeting of the Society for Psychotherapy Research. Denver, CO, USA.
- Howard, J.M., **De Jesús-Romero, R.**, Peipert, A., Buss, J.F., Lind, C., Botts, K., Starvaggi, I.R. & Lorenzo-Luaces, L. (July, 2022). *Patterns of Engagement with Remotely Delivered Guided Self-Help CBT.*
- De Jesús-Romero, R.** & Lorenzo-Luaces, L. (April, 2022). *Efficacy of cognitive reappraisal in regulating responses to identity-based stress in LGB individuals.* Presented at the 17th European Congress of Psychology.
- De Jesús-Romero, R.** & Lorenzo-Luaces, L. (April, 2022). *Reappraising discrimination: Efficacy of cognitive reappraisal in LGB individuals.* Presented at the 2022 Society of Consulting Psychology. Virtual.
- De Jesús-Romero, R.** & Lorenzo-Luaces, L. (February, 2022). *Representation of racial and ethnic diversity in clinical trials of internet-based self-help treatments for depression.* Presented at the 2022 Society of Consulting Psychology. Virtual.
- De Jesús-Romero, R.**, Howard, J., Peipert, A., & Lorenzo-Luaces, L. (November, 2021). *Emotion regulation as a mechanism of change in low-intensity CBT: Disaggregating between vs. within-patient effects.* Presented at the 2021 Annual Meeting of the North American Association for Psychotherapy Research. Virtual.
- Howard, J., **De Jesús-Romero, R.**, Peipert, A., & Lorenzo-Luaces, L. (November, 2021). *Patterns of Engagement With Remotely Delivered Guided Self-Help CBT.* Presented at the 2021 Annual Meeting of the North American Association for Psychotherapy Research.
- Howard, J., Peipert, A., **De Jesus Romero, R.**, Buss, J. F., Lorenzo-Luaces, L. (November, 2021). *Engagement in a Fully Remote Trial of a Guided Self-help Transdiagnostic Cognitive-behavioral Therapy (CBT) Intervention.* Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Convention.
- Peipert, A., Howard, J., **De Jesús-Romero, R.**, & Lorenzo-Luaces, L. (November, 2021). *Internalizing symptoms, well-being, and emotion regulation over a course of guided self-help CBT.* Presented at the 2021 Annual Meeting of the North American Association for Psychotherapy Research.
- De Jesús-Romero, R.**, García Mieres., Ochoa Guerre, S & Feixas Viaplana, G (2020). *The Moderating Effect of Self-Reflectiveness on the Association between Depressive Symptoms and Psychological Distress in Psychosis.* 32nd APS Annual Convention. Virtual.
- Rodríguez-Corcelles, L.C., Acevedo-Molina, M.C., **De Jesús-Romero, R.**, López-Rivera, D., Rodríguez-Hernández, V.N., & Tirado-Santiago, G. (2018). *Worry in Spanish-speaking young adolescents and its relation to expressive suppression.* 4th International Congress of Clinical and Health Psychology on Children and Adolescents, Palma de Mallorca, Spain

- De Jesús-Romero, R.,** Hinton, K., Zald, D. (2017). *Testing white matter microstructure as a predictor of conversion from conduct disorder to antisocial personality disorder*. Poster presented at the Vanderbilt Summer Science Academy Symposium. Nashville, TN.
- De Jesús-Romero, R.,** Hinton, K., Zald, D. (2017). *Testing white matter microstructure as a predictor of conversion from conduct disorder to antisocial personality disorder*. Talk presented at the Leadership Alliance Symposium. Connecticut, MA.
- De Jesús-Romero, R.,** Acevedo-Molina, M C., Rodríguez-Hernández, V N., Rivera-Vélez, P M., Rodríguez-Corcelles, L C., & Tirado-Santiago, G. (2017). *The effect of worry and emotion regulation strategies on working memory*. Poster presented at the 15th European Congress of Psychology. Amsterdam, The Netherlands.
- Rodríguez-Corcelles, L C., **De Jesús-Romero, R.,** Rodríguez-Hernández, V N., & G Tirado-Santiago, G. (2017). *Cognitive Models Predicting Social Worry Throughout Development*. Poster presented at the 15th European Congress of Psychology. Amsterdam, The Netherlands
- De Jesús-Romero, R.,** Rodríguez-Corcelles, L.C. & Tirado-Santiago, G (2017). *Working memory and emotion regulation in college students*. Talk presented at the Psychology and its response to current challenges meeting. San Juan, PR.
- De Jesús-Romero, R.,** Cheng L., Paller, K. (2016) *Mood Induction and Targetted Memory Reactivation During Sleep*. Poster presented at the Psi-Chi Networking with Ideas. San Juan, PR.
- De Jesús-Romero, R.,** Rodríguez-Corcelles, L.C. & Tirado-Santiago, G (2016). *Working memory and emotion regulation in college students*. Talk presented at the 5TH Symposium of undergraduate research of Honors Programs of Puerto Rico, Humacao, PR.
- De Jesús-Romero, R.,** Cheng L., Paller, K. (2016) *Mood Induction and Targetted Memory Reactivation During Sleep*. Poster presented at the Summer Research Opportunity Program Symposium, Northwestern University, Evanston, IL.
- De Jesús-Romero, R.** (2016) *Anxiety and mobile phone use in college students*. Poster presented at the 4to Encuentro Subgraduado de Investigación y Creación (4th Undergraduate Research and Creation Symposium), San Juan, PR.
- De Jesús-Romero, R.** (2016) *Anxiety and mobile phone use in college students*. Poster presented at the Tercer Simposio Estudiantil de Investigación en Salud Mental, San Juan, PR.
- Rodríguez-Corcelles, L.C., **De Jesús-Romero, R.,** Rivera-López, D. & Tirado-Santiago, G (2016). *Cognitive flexibility and rumination predict the presence of meta-worry*. Poster presented at the Society for Personality and Social Psychology Annual Convention, San Diego, CA.
- Rodríguez-Corcelles, L.C., **De Jesús-Romero, R.,** Rivera-López, D. & Tirado-Santiago, G. (2016). *Cognitive control and attention as predictors of mindful attention awareness in adolescents*. Poster presented at the American Psychological Association Annual Meeting, Denver, CO.
- Rodríguez-Corcelles, L.C., Rivera-Lopez, D., **De Jesús-Romero, R.** & Tirado-Santiago, G. (2016). *Meta-worry is predicted by distinct cognitive factors in male and female adolescents*. Poster presented at the Association for Psychological Science, Chicago, IL.

LANGUAGES

English – fluent writing, speaking, reading skills.
Spanish – native.

MEMBERSHIPS

- American Psychological Association
- American Psychological Society
- Benjamin A. Gilman Alumni

- Leadership Alliance Alumni
- Asociación de Psicología para la Promoción de la Investigación Estudiantil Alumni
- Biopsychological Research Training Program Alumni
- University of Puerto Rico chapter of PsyChi Alumni
- University of Puerto Rico, Río Piedras Honors Studies Program Alumni

REFERENCES

Lorenzo Lorenzo-Luaces, Ph.D. Assistant Professor Department of Psychological and Brain Sciences. Bloomington, IN.

Giovanni Tirado-Santiago, Ph.D, Cognitive and Affective Laboratory director, University of Puerto Rico, Río Piedras Campus, San Juan, PR.